



Waterflex

Water Fitness Expert

SELECTION GUIDE **2021**



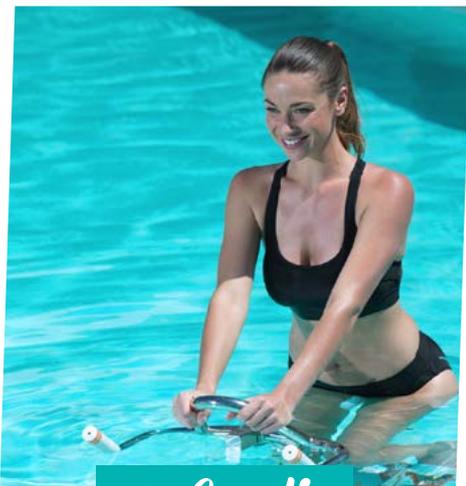
An aquabike for every use

Waterflex helps managers of swimming pools installations and sports clubs by creating a range of products defined around three main categories: **Cardio – Enduro – Spinning**.

Because courses' objectives and intensity levels vary from user to user, Waterflex has created **innovating equipment** fitted with different technologies for varied intensity levels: gentle, moderate or high strength.

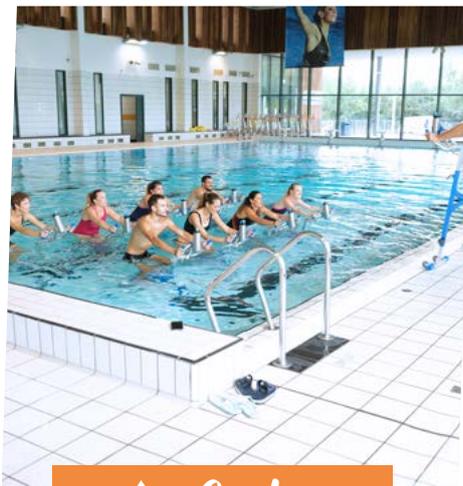
Our new range of featherweight **aluminium aquabikes** makes handling bikes easier, particularly when they must be removed from the pool.

Adapting at best the effort to the user's abilities and therefore be as close as possible to daily demands are challenges that Waterflex meets constantly.



♥ Cardio

- ✓ Figure
- ✓ Gentle fitness



▲ Enduro

- ✓ Group courses
- ✓ Accessible to all
- ✓ Water rehabilitation



👊 Spinning

- ✓ Reathletisation
- ✓ Tonic courses

Different resistances

Fixed resistance

Variable resistance

Gentle hydraulic resistance Drainage

Hydraulic resistance Drainage / Rehabilitation

Mechanical resistance Bodybuilding



RESISTANCE FELT

Gentle to moderate

Moderate

High

EXPECTATIONS

Lightness and ease of adjustments

Performance and lightness with possible muscle strengthening

Sporty, innovative gear lever and efficient mechanical system

USE

Ideal for personal use, hotels and camping sites

Ideal for group courses, sports clubs, public pools and rehabilitation

Ideal for tonic courses, sports clubs and public pools

♥ Cardio

▲ Enduro

🔥 Spinning

The pedal relies on water's hydrodynamic force to create gentle resistance with massaging effect, stimulating blood circulation in the legs. Smooth pedalling fluidity is most respectful of body joints.

Hydraulic resistance is powered with a blade system that resembles that of a water mill: the blades use the force created by mixing the water. Hydraulic force effects lie in the duration of the training sessions and in the intensity of the effort.

Mechanical resistance is powered with a stainless steel wheel fitted with a break pad to adjust the effort in a precise way and therefore personalize the training. You can simulate an uphill for more efficient muscular reinforcement with immediate effect!

CHOOSING THE

Anodized aluminium range

2 years warranty



♥ Cardio
▲ Enduro
♥ Cardio
▲ Enduro
🌀 Spinning
▲ Enduro
▲ Enduro
🌀 Spinning

		LANA EVO	WR MAX	WR3 AIR	WR4 AIR	WR5 AIR	INO 6 AIR	INO 7 AIR	INO 8 AIR
Who?	Private	●	●	●					
	Spas / Hotels	●	●	●	●				
	Physiotherapists		●		●		●	●	
	Sports clubs & Public pools		●		●	●	●		●
Central resistance system	ADS pedals only	Variable hydraulic system with 5 adjustable cups	ADS pedals only	Variable hydraulic system with 4 adjustable cups	Variable mechanical system with brake pad and graduated wheel	6-blade fixed hydraulic system	Variable hydraulic system with 3 levels gear lever	Variable mechanical system with brake pad and 4 levels gear lever	
Resistance felt	Gentle	Moderate	Gentle	Moderate	High	Moderate	Moderate	High	
Pedal	Variable resistance ADS pedals								
Weight	10 kg	15,9 kg	12 kg	15,8 kg	16 kg	14,8 kg	15 kg	15 kg	
Accessories included	Bottle holder + Bottle + Comfort saddle	Bottle holder + Bottle + Sports saddle				Bottle holder + bottle + Comfort saddle			

Gentle reminder

♥ Cardio

Shape your figure through gentle fitness.

▲ Enduro

Accessible to all, ideal for group courses and water rehabilitation.

🌀 Spinning

Suited to the sportier user, ideal for tonic courses aimed at reathletisation.

RIGHT AQUABIKE

316L Aisi stainless steel range

3 years warranty



♥ Cardio ♥ Cardio ▲ Enduro 🌀 Spinning ▲ Enduro ▲ Enduro ▲ Enduro 🌀 Spinning

HAPPY BIKE	WR3	WR4	WR5	FALCON	INO 6	INO 7	INO 8
•	•						
•	•	•		•		•	
		•		•	•	•	
		•	•	•	•		•
Pedals only		Variable hydraulic system with 4 adjustable cups	Variable mechanical system with brake pad and graduated wheel	Variable hydraulic system with 4 adjustable cups	6-blade fixed hydraulic system	Variable hydraulic system with 3 levels gear lever	Variable mechanical system with brake pad and 4 levels gear lever
Gentle		Moderate	High	Moderate			High
Fixed resistance AHP pedals	Fixed resistance thermo-molded ACP pedals			Fixed resistance AHP pedals	Fixed resistance thermo-molded ACP pedals		
18 kg	19 kg	22 kg	23 kg	22 kg	22 kg	22 kg	23 kg
Bottle holder	Bottle holder + Bottle + Sports saddle			Bottle holder + Bottle + Sports saddle			

Accessories



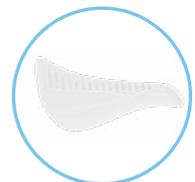
Insulated water bottle
Maintains temperature up to 8 hours



Bottle holder
A useful accessory to keep one's water bottle at reach



Comfort saddle
Made of moulded foam to provide soft and comfortable seating



Sports saddle
Made of perforated plastic to provide mixed firm seating. Does not require any maintenance.

Contents

Aluminium aquabikes

Lanabike EVO
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♥ Cardio
276 - 444 kcal/h
■■■■■■■■

WR Max
P. 15



♥ Cardio
312 - 468 kcal/h
■■■■■■■■

WR Air range



♥ Cardio
276 - 444 kcal/h
■■■■■■■■

WR3 Air
P. 17



▲ Enduro
330 - 432 kcal/h
■■■■■■■■

WR4 Air
P. 18



♻ Spinning
312 - 492 kcal/h
■■■■■■■■

WR5 Air
P. 19

Inobike Air range



♥ Cardio
312 - 468 kcal/h
■■■■■■■■

Inobike 6 Air
P. 21



▲ Enduro
312 - 468 kcal/h
■■■■■■■■

Inobike 7 Air
P. 22



♻ Spinning
276 - 480 kcal/h
■■■■■■■■

Inobike 8 Air
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Aquajogg Air
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Storage cart
P. 42



WX Tramp
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Elly
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Stainless steel
aquabikes



♥ Cardio
282 - 384 kcal/h
■■■■■■■■■■

Happy Bike
P. 26



▲ Enduro
300 - 393 kcal/h
■■■■■■■■■■

Falcon
P. 27

WR
range



♥ Cardio
339 kcal/h
■■■■■■■■■■

WR3
P. 29



▲ Enduro
294 - 390 kcal/h
■■■■■■■■■■

WR4
P. 30



♻ Spinning
276 - 480 kcal/h
■■■■■■■■■■

WR5
P. 31

Inobike
range



♥ Cardio
312 - 396 kcal/h
■■■■■■■■■■

Inobike 6
P. 33



▲ Enduro
294 - 438 kcal/h
■■■■■■■■■■

Inobike 7
P. 34



♻ Spinning
276 - 480 kcal/h
■■■■■■■■■■

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Personal fitness



Fit's Pool
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Special clubs & public
installations



Aquabike Lift
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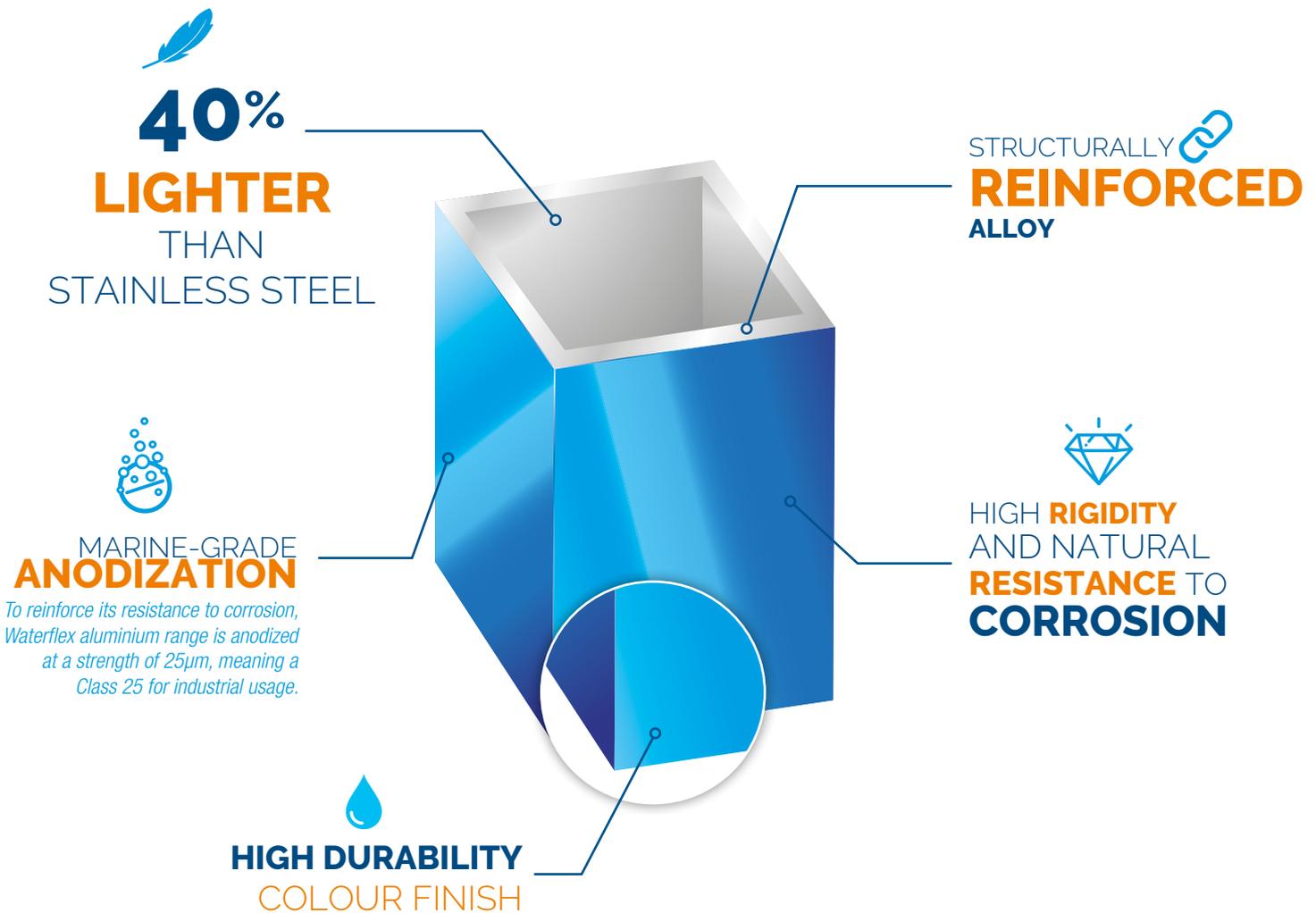
Aquagym aquaboxing



Dumbbells and
weights
P. 50

2020 INNOVATION

Aluminium range



What is aluminium?

Aluminium is a metal issued from quality alloys. T6 aluminium that Waterflex uses is of premium quality. It is mainly composed of a magnesium and silicon alloy that can be anodized in order to protect it against corrosion. Its high anti-corrosion capacities are an important advantage in terms of resistance to humidity and water. Anodized aluminium is perfectly suited to all types of water treatment (chlorine, electrolysis).

Inobike Air range



Lanabike EVO



Inobike 6 Air

Inobike 7 Air

Inobike 8 Air

WR Air range



WR3 Air

WR4 Air

WR5 Air



WR Max

Innovation in support of performance

With its aluminium range, Waterflex introduces a new dimension to aquafitness: a featherweight aquabike with which organising a training course becomes a breeze.



40% + lighter than stainless steel models



ADS pedals



Variable hydraulic or mechanical resistance



Easy handling (placing into and removing from the pool)
= Time saver

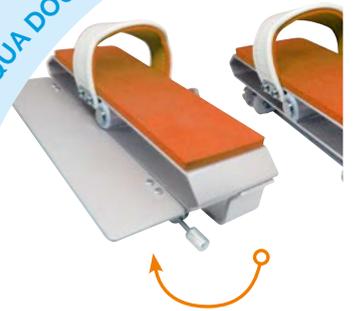


Easy and personalized resistance adjustment through a central gear lever

♥ Cardio



AQUA DOUBLE SPEED PEDALS



Anodized aluminium

Lanabike EVO

The most fun home training aquabike

Its new structure in anodized 6063 T6 Aluminium allows it to display a featherweight of 9.9kg, ideal for placing it and removing it from the pool, while ensuring perfect rigidity. Coupled with its large feet and silicone suction cups, the Lanabike EVO is easy and reassuring to use. Its multiple settings for feet, saddle and handlebars, as well as its variable resistance pedals make it resolutely versatile.

Aqua Double Speed pedals

Designed in Aluminum and Stainless steel, ADS pedals incorporate a folding flap mounted on a hinge. It unfolds and locks in a single gesture and increases the hydraulic resistance by 54%. You can amplify your cardio session.

⊕ Advantages

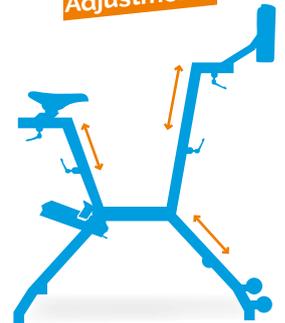
HYDRAULIC RESISTANCE

COMFORT SADDLE

SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT

AQUA DOUBLE SPEED PEDALS

Adjustments



ACCESSORIES INCLUDED



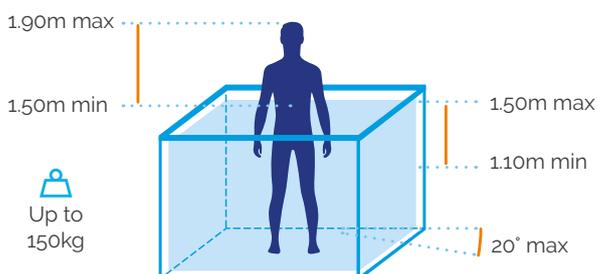
Insulated water bottle



Bottle holder



Comfort saddle



Reference	WX-LANA2-OR
Material	T6 Aluminium Tech
Finishes	Anodization
Min. dimensions closed	L 96 x W 55 x H 120 cm
Max. dimensions open	L 120 x W 55 x H 164 cm
Weight	9.9 kg
Water depth	1.10 m to 1.60 m
Warranty	2 years metal parts 6 months wearing parts



5-BLADE FIXED RESISTANCE



AQUA DOUBLE SPEED PEDALS

PRODUIT Signature



Enduro



Anodized aluminium

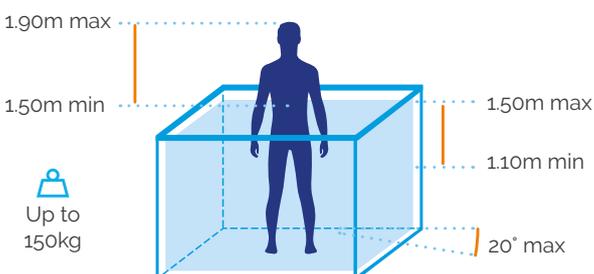
WR Max

The athletic aquabike!

This MAX aquabike, and its distinguished design as well as premium ergonomics, offers performance and lightness.

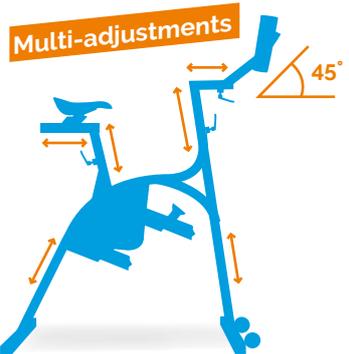
It combines the power from its 5 blades (fixed hydraulic resistance) to the variable resistance from its set of pedals to form a duo of intensity, ideal for cardio training as well as muscle strengthening. Its marine-grade anodized aluminium 6063 T6 structure makes it a lightweight at 15,9 kilograms.

Handling a lighter aquabike and removing it from the pool becomes easier. The galvanic node reinforces the aquabike protection for usage in all types of waters. Barefoot usage, fluidity in spinning and powerful resistance are appreciated elements.



Advantages

- HYDRAULIC RESISTANCE
- DRAINING EFFECT
- SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH
- AQUA DOUBLE SPEED PEDALS



ACCESSORIES INCLUDED



Insulated water bottle



Bottle holder



Sports saddle

Reference	WX-WRMAX1
Material	T6 Aluminium Tech
Finishes	Anodization
Min. dimensions closed	L 55 x W 103 x H 140/170 cm
Weight	15,9 kg
Water depth	1.10 m to 1.50 m
Warranty	2 years metal parts 6 months wearing parts

WR Air range

By adopting aluminium, the WR Air range takes on lightness while remaining loyal to its primary value: **support coaches and athletes in the personalization of their training.**

The WR AIR uses anodized aluminium to lighten up its structure making this range of aquabikes easier to handle while maintaining rigidity and stability to ensure increasingly more active muscle strengthening and cardio training sessions.



WR 3 Air

*Resistance
with Aqua Double Speed pedals*



Aluminium lightness in support of pedaling fluidity for gentle cardio training.

WR 4 Air

*Double hydraulic resistance
with 4 adjustable blades
+ Aqua Double Speed pedals*

▲ *Enduro*



An aquabike all in lightness with variable hydraulic resistance appreciated by health specialists such as physiotherapists.

WR 5 Air

*Double central mechanical resistance
with brake pad
+ Aqua Double Speed pedals*

🔥 *Spinning*



Adjustable mechanical resistance combined to aluminium lightness for a highly dynamic aquabike training.



♥ Cardio



Anodized aluminium

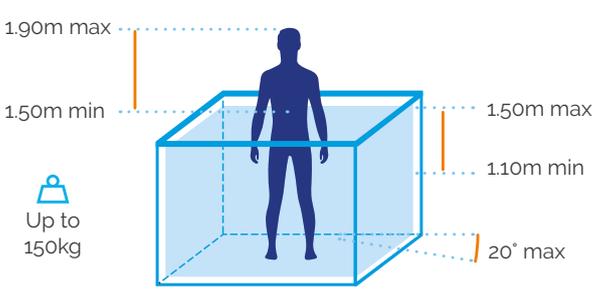
WR 3 Air

The cardio aquabike

Partners in your vitality, this aquabike, equipped with multiple adjustable ergonomics, combines simplicity of use, performance and comfort, all essential to cardio and wellness training.

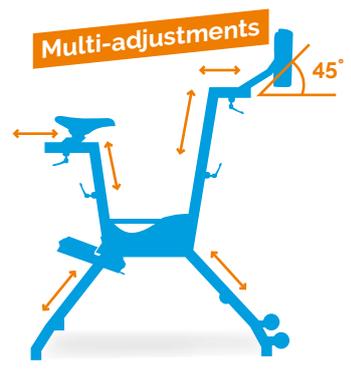
Versatility and featherweight

With a T6 anodized aluminium structure, light and rigid, the WR3 Air weighs just 11kg on the scale for ease of handling when it needs to be placed into and removed from the pool. Adjustable feet, saddle and handlebars, both in height and depth, and pedals with variable resistance give this aquabike exceptional versatility.



⊕ Advantages

- HYDRAULIQUE RESISTANCE
- 45° SPORTS HANDLEBARS
- SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH
- AQUA DOUBLE SPEED PEDALS



ACCESSORIES INCLUDED



Insulated water bottle



Bottle holder



Sports saddle

Reference	WX-WR3A
Material	T6 Aluminium Tech
Finishes	Anodization
Max. dimensions open	L 122 x W 55,90 x H 153 cm
Min. dimensions closed	L 99 x W 55,90 x H 113,70 cm
Weight	11 kg
Water depth	110 m to 1.60 m
Warranty	2 years metal parts 6 months wearing parts



AQUA DOUBLE SPEED PEDALS

+

HYDRAULIC RESISTANCE
4-blade Aquapalm system



Anodized aluminium

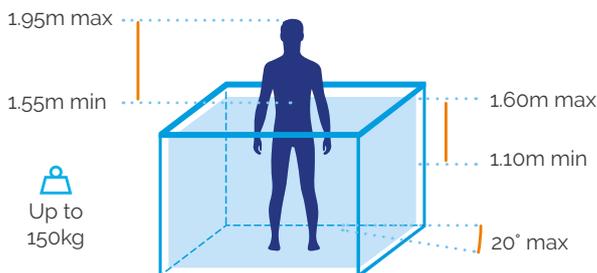
WR 4 Air

The tonic aquabike

The WR4 Air and its central hydraulic resistance activated with blades stimulates blood circulation in the legs and is suited to aquabike sessions for rehabilitation activities and those wishing to resume physical activity.

The lower body tones up in a harmonious way with every training session for regained energy guaranteed. Intensify your training by simply increasing your pedalling speed and deploying the ADS system on the pedals, which increases hydraulic resistance up to 54%.

The WR4 Air and its aluminium structure is easily moved around. With adjustable feet, saddle and handlebars, this aquabike is completely customizable.



⊕ Advantages



ADJUSTABLE HYDRAULIC RESISTANCE



45° SPORTS HANDLEBARS

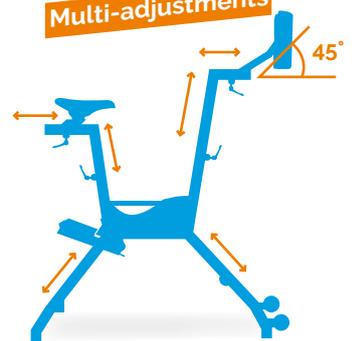


SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH



AQUA DOUBLE SPEED PEDALS

Multi-adjustments



ACCESSORIES INCLUDED



Insulated water bottle



Bottle holder



Sports saddle

Reference	WX-WR4A
Material	T6 Aluminium tech
Finishes	Anodization
Min. dimensions closed	L 94 x W 55 x H 116 cm
Max. dimensions open	L 122 x W 55 x H 153 cm
Weight	15,8 kg
Water depth	1.10 m to 1.60 m
Warranty	2 years metal parts 6 months wearing parts



Anodized aluminium

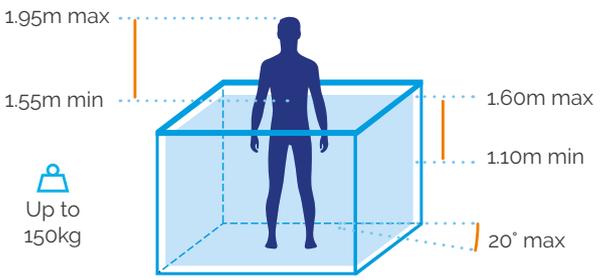
WR 5 Air

The spinning aquabike

The WR5 Air all aluminium structure combines lightness and sturdiness suited to spinning sessions that are increasingly more intense. Adjust your training level at any time with the central gear lever that activates the mechanical resistance system integrated by the pedals.

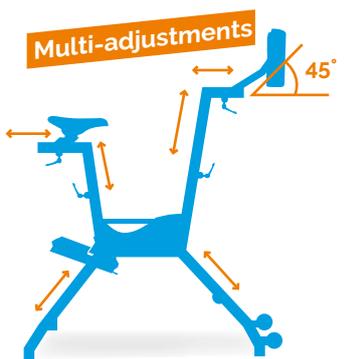
Add hydraulic resistance using the ADS pedals and all the muscles in the lower body tone up with every spinning training.

Feet, saddle and handlebars on this aquabike can be adjusted to fit all user types.



Advantages

- ADJUSTABLE MECHANICAL RESISTANCE**
- 45° SPORTS HANDLEBARS**
- SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH**
- AQUA DOUBLE SPEED PEDALS**



ACCESSORIES INCLUDED



Insulated water bottle



Water bottle



Sports saddle

Reference	WX-WR5A
Material	T6 Aluminium tech
Finishes	Anodization
Min. dimensions closed	L 94 x W 55 x H 116 cm
Max dimensions open	L 122 x W 55 x H 153 cm
Weight	16 kg
Water depth	1.10 m to 1.60 m
Warranty	2 years metal parts 6 months wearing parts

Inobike Air range

With its proprietary technologies, namely **Technobreak* variable mechanical resistance** and **Technogear* variable hydraulic resistance**, the Inobike AIR range meets the expectations of the most exacting sportsmen. The ergonomics on this range of aquabikes, enabling numerous adjustments, and the ultra-light structure in anodized aluminium invite the sportsman to take full ownership of his aquabike and enjoy training sessions increasingly more intense.



Inobike 6 Air

6-blade fixed double hydraulic resistance

+ Aqua Double Speed pedals



Its fixed hydraulic resistance system enhances endurance and improves physical condition.

Inobike 7 Air

Double hydraulic resistance with adjustable blades and gear lever

+ Aqua Double Speed pedals



Increasing and adjusting intensity through the gear lever allows for a training session adapted to every need, with a recovery phase.

Inobike 8 Air

Double mechanical resistance with adjustable central system and gear lever

+ Aqua Double Speed pedals



Its mechanical resistance is adjusted in an exact manner during the training session for an overall muscle reinforcement.



6-BLADE FIXED RESISTANCE



AQUA DOUBLE SPEED PEDALS



Anodized aluminium

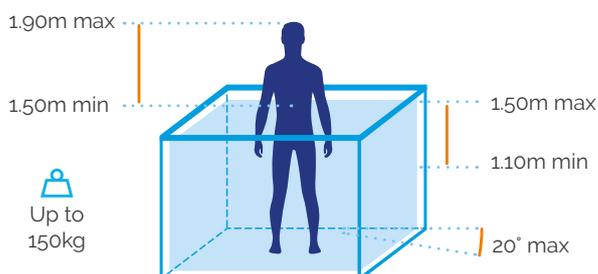
Inobike 6 Air

The athletic aquabike!

Equipped with ADS pedals with flaps and 6-blade hydraulic resistance, the Inobike 6 Air is the most complete cardio aquabike. Its anodized T6 aluminium structure guarantees unequalled lightness and perfect rigidity with large feet fitted with silicone suction pads.

6-blade fixed resistance

The hydraulic system comprising 6 fixed blades by the pedals creates an intense resistance that works out muscle reinforcement as well as cardio. The effort simply increases with pedalling speed, allowing for an instant adjustment to every muscle exercise. The blade work has a draining effect on the legs, ideal to reduce the sensation of "heavy legs".



Advantages



ADJUSTABLE HYDRAULIC RESISTANCE



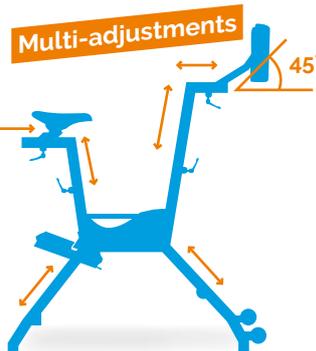
45° SPORTS HANDLEBARS



SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH



AQUA DOUBLE SPEED PEDALS



ACCESSORIES INCLUDED



Insulated water bottle



Bottle holder



Comfort saddle

Reference	WX-INO6A
Material	T6 Aluminium Tech
Finishes	Anodization
Max. dimensions open	L 120 x W 55,90 x H 164 cm
Min. dimensions closed	L 99 x W 55,90 x H 116,70 cm
Weight	14,8 kg
Water depth	1.10 m to 1.60 m
Warranty	2 years metal parts 6 months wearing parts



AQUA DOUBLE SPEED PEDALS

+

HYDRAULIC RESISTANCE
3-speed gear lever



Anodized aluminium

Inobike 7 Air

Featherweight for progressive courses

The Inobike 7 Air integrates a very advanced technology of adjustable hydraulic resistance with double propellers controlled by a gear lever with 3 levels of resistance:

Position 0 : fixed resistance alimented by the pedals, ideal in the cool down phase.

Vitesse 1 : the first propeller brings optimum resistance to warm up.

Vitesse 2 : both propellers are combined to maximize resistance and work out muscle reinforcement.

Advantages



ADJUSTABLE HYDRAULIC RESISTANCE



45° SPORTS HANDLEBARS

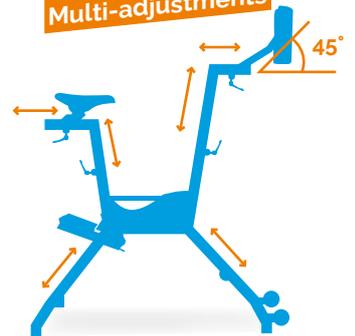


SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH



AQUA DOUBLE SPEED PEDALS

Multi-adjustments



ACCESSORIES INCLUDED



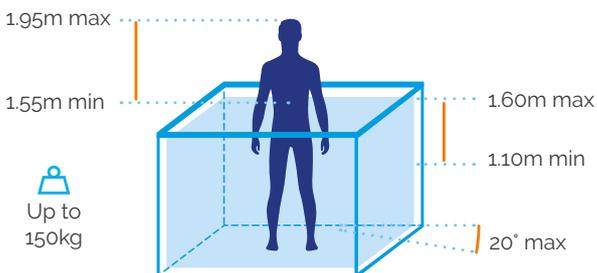
Insulated water bottle



Bottle holder



Comfort saddle



Reference	WX-INO7A
Material	T6 Aluminium Tech
Finishes	Anodization
Min. dimensions closed	L 99 x W 55 x H 116,70 cm
Max. dimensions open	L 122 x W 55 x H 164 cm
Weight	15,2 kg
Water depth	1.10 m to 1.60 m
Warranty	2 years metal parts 6 months wearing parts



Anodized aluminium

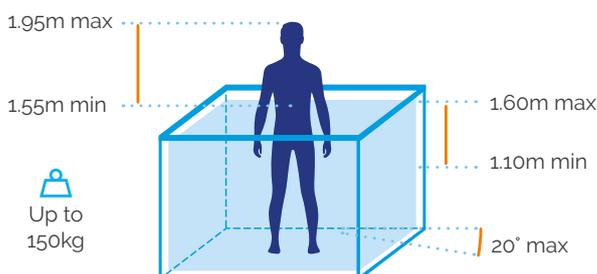
Inobike 8 Air

The ultra sport aquabike

Get ready for intense effort! The Inobike 8 Air is integrating 3-speed mechanical resistance with gear lever. Adjustment is done easily during the exercise, without interrupting pedalling. With a simple pressure on the gear lever enjoy ultra-precise and easy dosage, a technical solution for unequalled resistance.

Made of anodized T6 aluminium, this aquabike guarantees perfect rigidity while keeping its weight down to 15kg. Comfort and ergonomics are found through a comfort saddle and handlebars both adjustable in height and in depth.

Large feet fitted with silicone suction pads ensure stability during sprint peaks.



⊕ Advantages



ADJUSTABLE MECHANICAL RESISTANCE



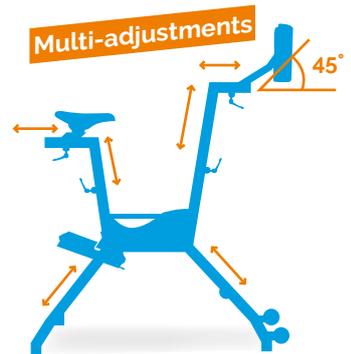
45° SPORTS HANDLEBARS



SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH



AQUA DOUBLE SPEED PEDALS



ACCESSORIES INCLUDED



Insulated water bottle



Bottle holder



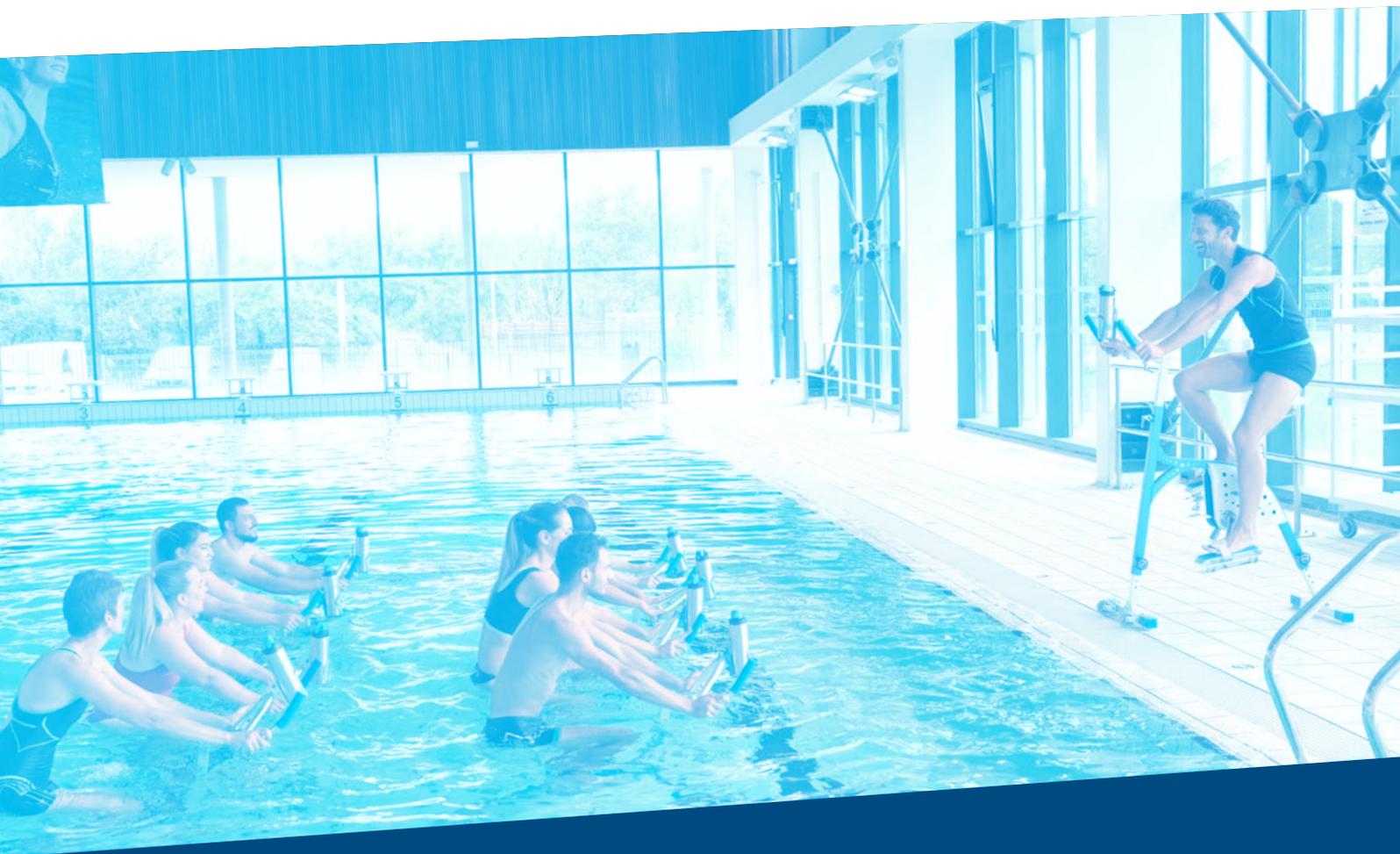
Comfort saddle

Reference	WX-IN08A
Material	T6 Aluminium Tech
Finishes	Anodization
Max. dimensions open	L 120 x l 55 x H 164 cm
Min. dimensions closed	L 99 x l 55 x H 116.70 cm
Weight	15 kg
Water depth	1.10 m to 1.60 m
Warranty	2 years metal parts 6 months wearing parts

Stainless steel range

A premium range for the most demanding users

Inspired by racing bikes, this stainless steel range is Waterflex historical line of aquabikes and is appreciated by sports clubs, hotels and public facilities for their sturdiness, high quality material, and technologies. Who ever you are, there is necessarily a Waterflex aquabike made for you.



AISI 316L marine-grade stainless steel

Made in high-quality marine-grade AISI 316L stainless steel, our aquabikes are electropolished for better durability and excellent finishing.



Aqua Confort 2 pedals

Aqua Confort 2 pedals are anatomically thermo-moulded and fitted with fixed straps. They provide total comfort to the user and enable barefoot use.



Sacrificial anode

The sacrificial anode protects the bike from corrosion. Its composition resulting from Zinc alloy acts through electropositivity and early oxydation to protect the frame and metal parts.

WR range



Happy Bike



WR3

WR4

WR5

Inobike range



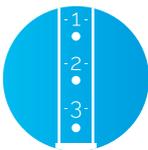
Inobike 6

Inobike 7

Inobike 8

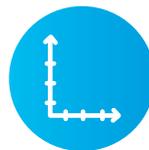


Falcon



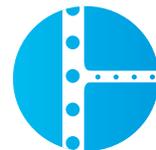
Reference marking

Maximum ease of use for the user has been achieved through reference marking that allows the position of the saddle and handlebars to be changed.



Adaptive ergonomics

With its 6 adjustment settings and its Click&Turn system, the stainless steel range adapts to all body sizes and to all types of pool.



Express Drainage

Perforation system along the frame for express drainage of the water making the bike lighter when removed from the pool.

♥ Cardio



FIXED HYDRAULIC RESISTANCE
AHP Pedals



AISI 316L stainless steel

Happy Bike

The silhouette pool bike

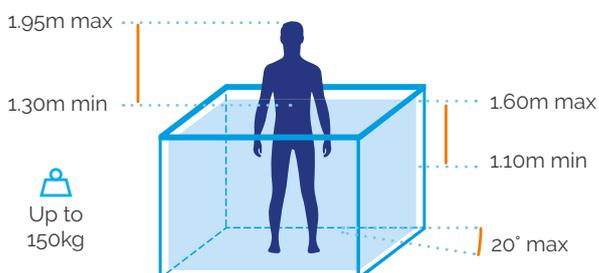
Ideal for private pools, this aquabike is a real personal fitness centre. Its hydraulic resistance lets you pedal at your own pace and enjoy a gentle workout!

The geometry of its X shape has been designed to make it light and easy to transport and to enable anybody to easily sit on the saddle. Thanks to its adjustment points, the Happy Bike can be adapted to suit all body types.

The special shape of its AHP pedals accentuates the effect of water resistance while maintaining a fluid, enjoyable movement.



Available in several colours



⊕ Advantages

HYDRAULIC RESISTANCE

45° SPORTS HANDLEBARS

SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT

AQUATIC HAPPY PEDAL



ACCESSORY INCLUDED



Bottle holder

Reference	WX-HAPPY-BL01	WX-HAPPY-OR01	WX-HAPPY-RS01
Colours	Cobalt	Orange	Fuchsia
Min. dimensions	L 97 x W 60 x H 114 cm		
Max. dimensions	L 112 x W 60 x H 149 cm		
Weight	17 kg		
Water depth	1.10 m to 1.60 m		
Warranty	3 years metal parts 6 months wearing parts		



Enduro



HYDRAULIC RESISTANCE
4-blade Aquapalm System

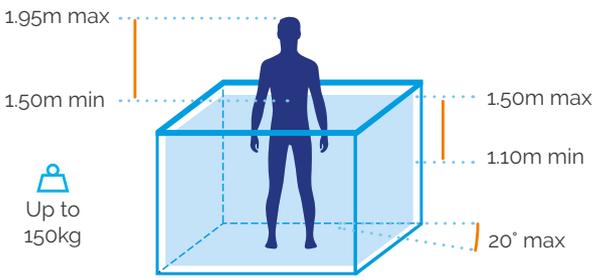
Acier inoxydable AISI 316L

Falcon

The sport + waterbike

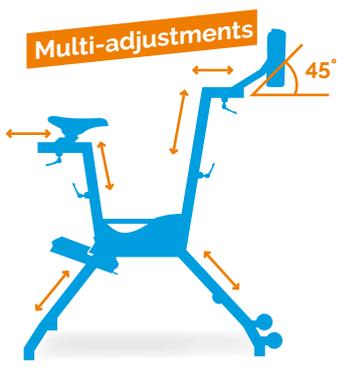
This sports version is intended for those who wish to combine cardio-training with muscle building. You will appreciate the Falcon's pedalling fluidity and its comfort when being used barefoot. With its included Sport + accessories pack, this aquabike is the most fully equipped in its class.

Designed for intensive use in both chlorinated water and sea water, it is ideal for returning to fitness or for aquatic therapy. The Falcon works on your stamina and physical condition. It provides a complete workout.



⊕ Advantages

- HYDRAULIC RESISTANCE**
- 45° SPORTS HANDLEBARS**
- SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH**
- AQUA DOUBLE SPEED PEDALS**



ACCESSORIES INCLUDED



Insulated water bottle



Bottle holder



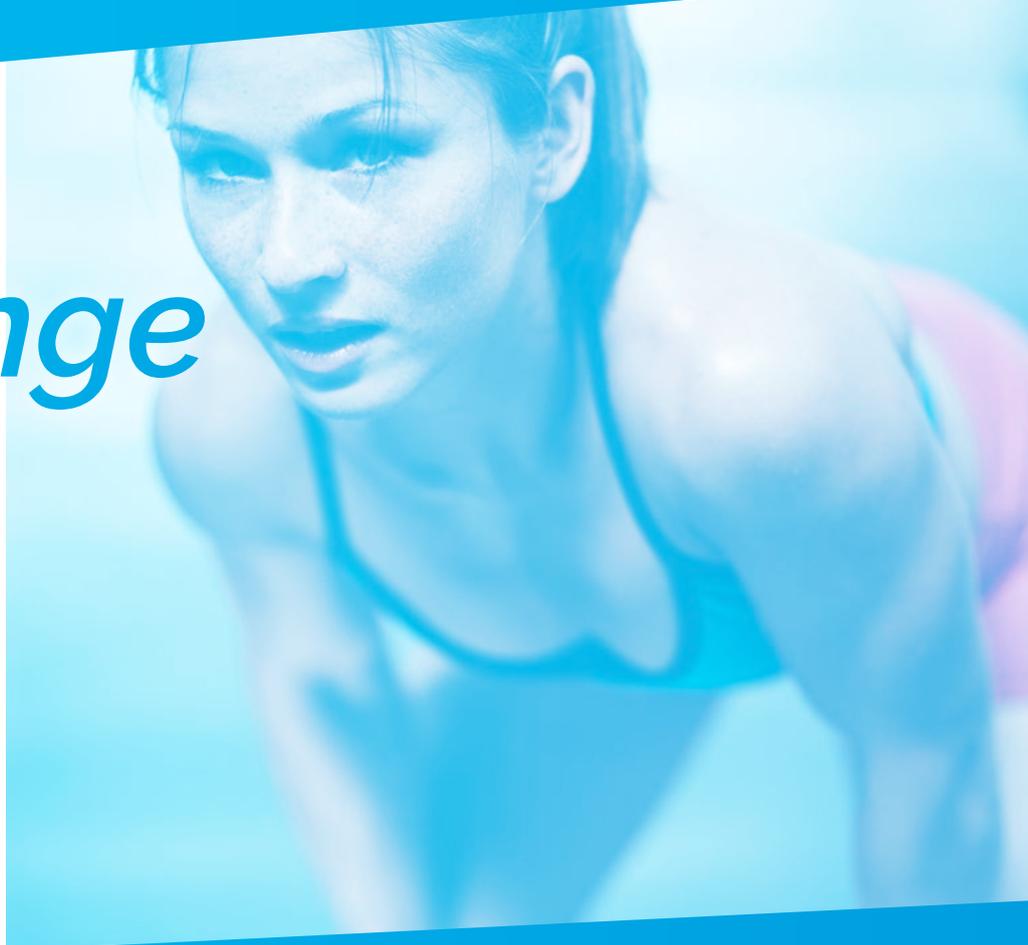
Comfort saddle

Reference	WX-FALC4
Material	AISI 316L stainless steel
Min dimensions closed	L 94 x W 55 x H 114 cm
Max. dimensions open	L 112 x W 55 x H 153 cm
Weight	19.5 kg
Water depth	1.10 m to 1.50 m
Warranty	3 years metal parts 6 months wearing parts

WR range

3 highly versatile water bikes with a dynamic look.

Designed for different uses: Cardio, Enduro and Spinning - these 3 versions provide different resistance levels suitable for each person's needs. You can combine cardio-training and muscle strengthening, with guaranteed comfort. Discover the wide range of WR adjustments that enable the water bike to be adapted to the depth of your pool as well as to your body type.



WR 3

Fixed hydraulic resistance
+ Aqua Confort 2 pedals

♥ *Cardio*



A combination of gentle resistance and pedalling fluidity ideal for daily cardio-training sessions.

WR 4

Double hydraulic resistance
with 4 adjustable blades
+ Aqua Confort 2 pedals

▲ *Enduro*



Its 4-blade Aquapalm system gives it a considerable hydraulic resistance, which the user can adjust as he wishes for personalized training.

WR 5

Double mechanical resistance
+ Aqua Confort 2 pedals

👊 *Spinning*



Its mechanical resistance is easily and quickly adjusted for intuitive use and high level training sessions.



FIXED HYDRAULIC RESISTANCE
Aquaspeed 2 pedals



♥ Cardio



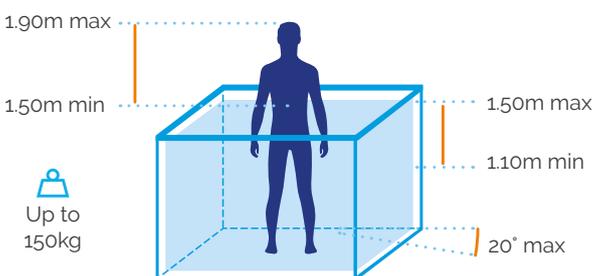
AISI 316L stainless steel

WR3

The wellness aquabike

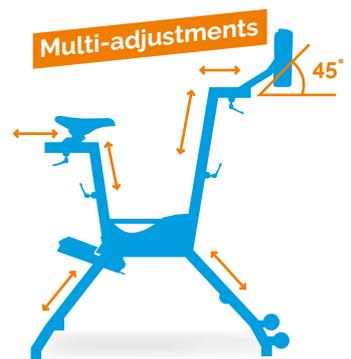
With multiple adjustments to suit all body types, the WR3 is the ideal aquabike to shape your legs. Thought for daily use, the WR3 combines gentle resistance of its Aquaspeed 2 pedals with great pedalling fluidity.

Its versatility makes it ideal for cardio-training sessions. You will like its stability, its carrying handle and its rapid drainage that make it easy to handle. The WR3 has been recommended by many hotels and spas.



⊕ Advantages

- HYDRAULIC RESISTANCE**
- 45° SPORTS HANDLEBARS**
- SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH**
- AQUA CONFORT 2 PEDAL**



OPTIONAL ACCESSORIES



Insulated water bottle



Bottle holder



Sport saddle

Reference	WX-WR3A
Material	AISI 316L stainless steel
Max. dimensions open	L 122 x W 55.90 x H 153 cm
Min. dimensions closed	L 99 x W 55.90 x H 113.70 cm
Weight	11 kg
Water depth	1.10 m to 1.60 m
Warranty	3 years metal parts 6 months wearing parts



AQUA CONFORT 2 PEDALS

+

HYDRAULIC RESISTANCE
4-blade Aquapalm system



AISI 316L stainless steel

WR 4

The sport aquabike

The WR4 is an efficient water bike with real pedalling fluidity, recommended by many physiotherapists and thalassotherapy centres.

The WR4 is equipped with an adjustable hydraulic resistance system for customizing a wide choice of exercises. This system creates a whirlpool effect, providing a draining massage that stimulates the blood circulation in the lower limbs.

Your legs seem lighter. Your glutes are toned and your thighs reshaped. The WR4 is designed for daily use and intensive pedalling.

⊕ Advantages



HYDRAULIC RESISTANCE



45° SPORTS HANDLEBARS



**SADDLE AND HANDLEBARS
ADJUSTABLE IN HEIGHT AND DEPTH**



**AQUA CONFORT 2
PEDAL**

Multi-adjustments



OPTIONAL ACCESSORIES



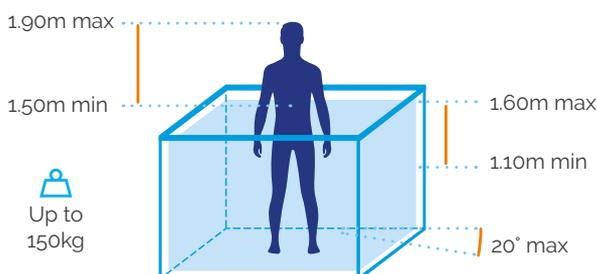
Insulated water bottle



Bottle holder



Sports saddle



Reference	WX-WR4
Material	AISI 316L stainless steel
Min. dimensions closed	L 94 x W 55 x H 116 cm
Max. dimensions open	L 122 x W 55 x H 153 cm
Weight	22.6 kg
Water depth	1.10 m to 1.60 m
Warranty	3 years metal parts 6 months wearing parts



MECHANICAL RESISTANCE
Adjustment with graduated wheel

+



AQUA CONFORT 2 PEDALS



AISI 316L stainless steel

WR5

The intensive aquabike

The WR5 water bike is the sportiest version in its class. Its mechanical resistance is adjusted with a wheel easy to reach during the exercise. It has a wide range of settings to fit all sizes. Dual height/weight adjustment of the saddle and handlebar ensures a good sitting position without muscular risk. The WR5 Spinning Pro 2 system controls the mechanical resistance during pedalling. Customize the difficulty of the exercise and adjust your efforts from the seated position by turning the wheel. Simple and effective, the exertion is accentuated. A brake pad acts on a 316L marine-grade stainless steel wheel for unrivalled efficiency.

⊕ Advantages



MECHANICAL RESISTANCE



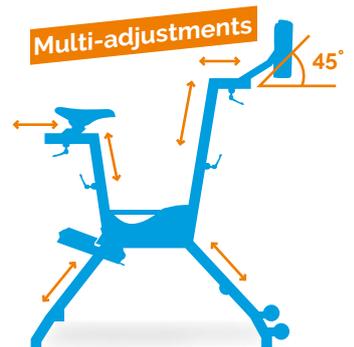
45° SPORTS HANDLEBARS



**SADDLE AND HANDLEBARS
ADJUSTABLE IN HEIGHT AND DEPTH**



**AQUA CONFORT 2
PEDAL**



OPTIONAL ACCESSORIES



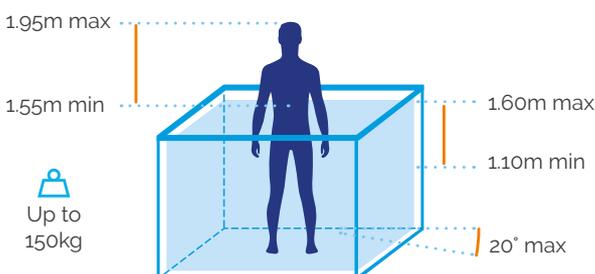
Insulated water bottle



Bottle holder



Sports saddle



Reference	WX-WR5
Material	AISI 316L stainless steel
Min. dimensions closed	L 94 x W 55 x H 116 cm
Max. dimensions open	L 122 x W 55 x H 153 cm
Weight	22.9 kg
Water depth	1.10 m to 1.60 m
Warranty	3 years metal parts 6 months wearing parts

Inobike range

A premium range for the most demanding users.

Inspired by racing bikes, this Inobike range adopts a **highly advanced aquatic gear lever technology**. Designed to **expand your sensations** with unequalled pedalling **fluidity**, this range provides you with outstanding strength and performance during your exercises. Pace yourself and individualise your resistance simply, precisely and effectively. This range combines design, power and **technological innovation** with your fitness in mind.



Inobike 6

6-blade fixed double hydraulic resistance

+ Aqua Confort 2 pedals

 Enduro



Its fixed hydraulic resistance system proportional to the pedals' rotation speed is ideal for cardio exercises.

Inobike 7

Double hydraulic resistance with adjustable blades and gear lever

+ Aqua Confort 2 pedals

 Enduro



Its double hydraulic system allows you to adjust your cardio and muscular reinforcement without any effect on the joints.

Inobike 8

Double mechanical resistance with variable central system and gear lever

+ Aqua Confort 2 pedals

 Spinning



Easy to use, customize your training with the gear lever that is easily reached for optimum Spinning sessions.



FIXED HYDRAULIC RESISTANCE
6-blade fixed resistance

+



**AQUA CONFORT
PEDAL 2 PEDALS**



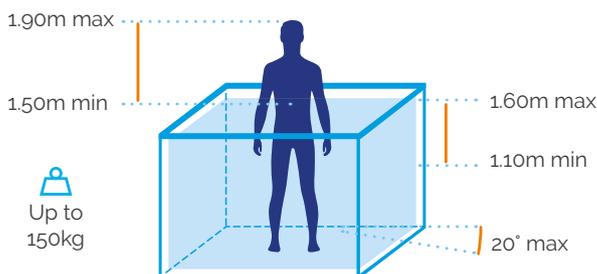
AISI 316L stainless steel

Inobike 6

The athletic aquabike

The Inobike 6 is the ultimate cardio equipment. Its hydraulic resistance system with 6 fixed blades housed on the pedals allows you to work smoothly on muscle strengthening. The effort simply increases according to the pace of pedalling, which allows instant adaptation to each type of muscular exercise.

Designed for daily use with great stability and sturdiness, the Inobike 6 aquabike is your aquavitality partner.



Advantages



HYDRAULIC RESISTANCE



45° SPORTS HANDLEBARS



**SADDLE AND HANDLEBARS
ADJUSTABLE IN HEIGHT AND DEPTH**



**AQUA CONFORT 2
PEDAL**



ACCESSORIES INCLUDED



Insulated water bottle



Bottle holder



Comfort saddle

Reference	WX-INO6
Material	AISI 316L stainless steel
Min. dimensions closed	L 96 x W 55 x H 120 cm
Max. dimensions open	L 120 x W 55 x H 164 cm
Weight	21 kg
Water depth	1.10 m to 1.60 m
Warranty	3 years metal parts 6 months wearing parts



AQUA CONFORT 2 PEDALS

+

HYDRAULIC RESISTANCE
Technogear +® & proven resistance



AISI 316L stainless steel

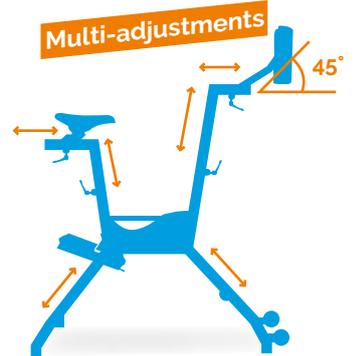
Inobike 7

The sport pool bike

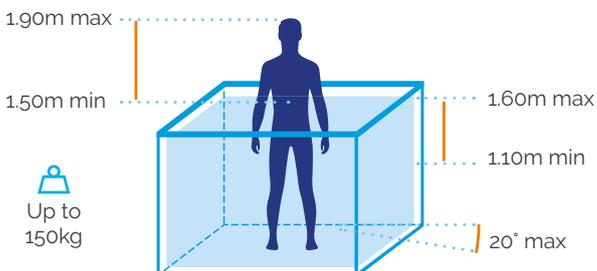
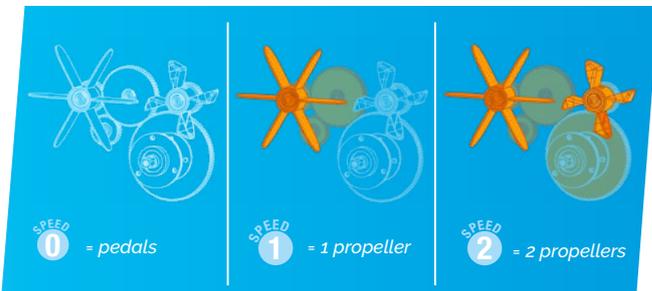
The Inobike 7 has a dual hydraulic system to adjust exercise levels (3 gears = 3 different levels of resistance) and personalize your effort from the seated position with the central gear lever. Easy and intuitive. Enjoy the comfort of barefoot pedals and discover the pleasure of pedalling without your joints being stressed and of simple and effective adjustment to the resistance.

⊕ Advantages

- HYDRAULIC RESISTANCE**
- 45° SPORTS HANDLEBARS**
- SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH**
- AQUA CONFORT 2 PEDAL**



ACCESSORIES INCLUDED



Reference	WX-INO7
Material	AISI 316L stainless steel
Min. dimensions closed	L 96 x W 55 x H 120 cm
Max. dimensions open	L 120 x W 55 x H 164 cm
Weight	22 kg
Water depth	1.10 m to 1.60 m
Warranty	3 years metal parts 6 months wearing parts



Spinning

CONSULTING
276 - 480 kcal/h

Ideal for public pools

MECHANICAL RESISTANCE
Technobrake+® gear lever



AQUA COMFORT 2 PEDALS

AISI 316L stainless steel

Inobike 8

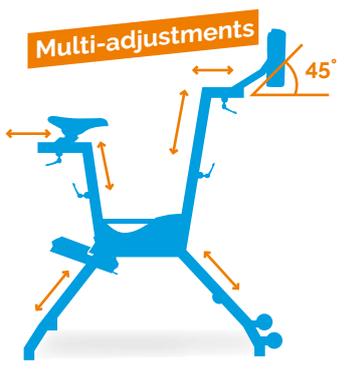
The ultra sport pool bike

The Inobike 8 is intended to be the most sporty and complete aquabike of its range, combining seductive design and cutting-edge technical innovations to bring you reinforced performance.

This aquabike uses bicycle spinning principles. Ease-of-use, efficient resistance and enhanced sensations. Discover its new system with adjustable settings using the gear lever, allowing you to personalise your workout. Furthermore, its comfort of use barefoot, as well as its fast drainage, are indisputable assets in standard use.

Advantages

- MECHANICAL RESISTANCE**
- 45° SPORTS HANDLEBARS**
- SADDLE AND HANDLEBARS ADJUSTABLE IN HEIGHT AND DEPTH**
- AQUA COMFORT 2 PEDAL**



ACCESSORIES INCLUDED



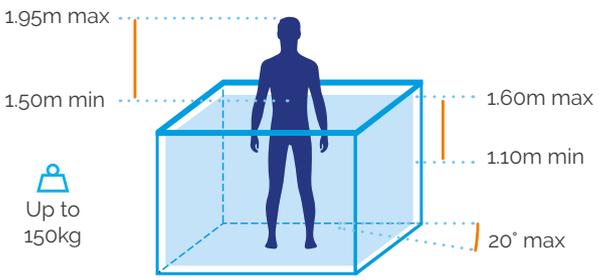
Insulated water bottle



Bottle holder



Comfort saddle



Reference	WX-INO8
Material	AISI 316L stainless steel
Min. dimensions closed	L 96 x W 55 x H 120 cm
Max. dimensions open	L 120 x W 55 x H 164 cm
Weight	22.9 kg
Water depth	1.10 m to 1.60 m
Warranty	3 years metal parts 6 months wearing parts

Pedals

To make our offer even more versatile, we have created a series of accessories that complement our aquafitness equipment range.



All pedal models are 100% compatible with the entire Waterflex aquabike range.



Variable resistance from gentle to high

+6 to +54%

ADS® Pedal

AQUA DOUBLE SPEED PEDAL

These ultra-innovative pedals use a new technology to increase resistance for even more sport. The lateral flap folded under the pedal offers ideal resistance at warm-up stage. To boost your training, unfold the flap in order to widen the area in contact with the water and double your effort.

The only variable resistance pedal on the market!



Cardio + reinforcement

Colours	Blue	Orange
Reference	WX-ADSP-BL	WX-ADSP-OR



Moderate resistance

+13%

AHP pedal

AQUATIC HAPPY PEDAL

The high-quality AHP pedals made of AISI 316L stainless steel increase the water's resistance effect while maintaining a smooth and pleasant motion. They offer medium resistance. Available in 3 colours, they can also be used barefoot.



Colours	Blue	Orange	Pink
Reference	WX-AHP-BL	WX-AHP-OR	WX-AHP-RS



Gentle resistance

+8%

Pédale ACP2

AQUA CONFORT PEDAL

The anatomical shape of the ACP 2 thermo-moulded pedals brings total comfort for barefoot use. Their gentle resistance makes them accessible to all.



Colours	Orange	Blue
Reference	WX-ACP2-OR	WX-ACP2-BL

Accessories

Multi-training power bar

THE FINISHING TOUCH TO YOUR AQUAFITNESS

EXERCISES

Specially designed to be fitted to the back of the pool bike, it provides for additional aquatic exercises. It is quick and easy to install. You simply position it and fix it behind the saddle.



Compatibility	WR3	WR4 et WR5
Reference	WX-RIDERBAR-01	WX-RIDERBAR-WR

Comfort saddle



AN AQUATIC SADDLE FOR YOUR COMFORT

Particularly suited to large body types and sensitives buttocks, its ergonomics has been designed to provide extreme comfort during your aquafitness session. To protect your comfort saddle, we recommend that you check the pH of the water in your pool, which needs to be between 6.7 and 7.6.

Product	Super-comfortable saddle for White WR
Reference	WX-SADDLE-W3

Water resistance band

THE AQUAFITMAT AND AQUABIKE ACCESSORY

Ideal for all levels of aquafitness, this medium resistance accessory, sold by the pair, will enable you to develop upper body muscular power, target your arms and invigorate your heart. The flexible slip-resistant handles ensure a firm grip and the hooks easily snap to the rings on your Aquafitmat and the feet of your aquabike.



Product	Medium resistance aquatic band
Reference	WX-STC-VE02

Insulated water bottle 0.6L



KEEPS TEMPERATURE FOR 8 HOURS

The Waterflex water bottle's double wall maintains the temperature of hot or cold liquids for several hours. Sport plug with press-button opening so you can drink with one hand. Hermetic seal to prevent leaks. Unparalleled food safety: 0 bPA, 0 phthalates, 0 toxins.

Product	Insulated bottle - Blue	Insulated bottle - Silver
Reference	WX-BOTTLE-02B	WX-BOTTLE-02S

Renov'inox

RESTORE THE ORIGINAL SHINE

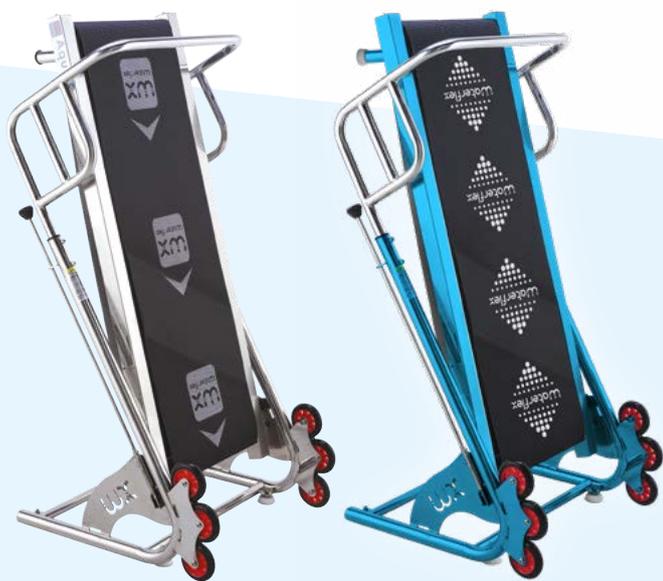
Resulting from a collaboration with the ProTech laboratories, it restores the shine on your water bike and protects it against oxidation.



Product	Renov'Inox 125ml (bottle only)
Reference	PS-RENOVX-125

Circuit training

AQUAJOGG & AQUAJOGG AIR



Water treadmills

The Aquajogg and Aquajogg Air combine the benefits of water buoyancy with the possibility of walking or running in an aquatic environment.

ELLY



Cross-trainer pool bike

The Elly is a complete exercise apparatus which combines the benefits of rowing, cross-country skiing, stepping and cycling.



WX TRAMP PREMIUM



The water trampoline

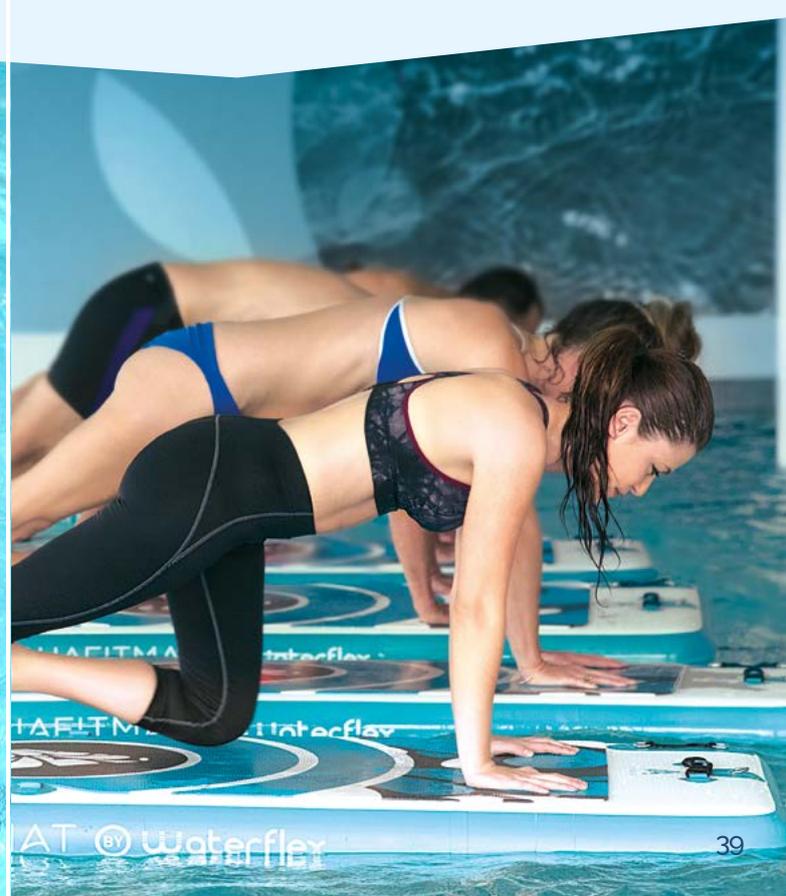
The WX Tramp allows you to obtain greater coordination of movements, balance and good physical condition.

AQUAFITMAT



Floating mat

The Aquafitmat is used in the pool between two lanes with no depth constraint. This activity is based on yoga, pilates and fitness exercises to improve balance.





SILICONE ANTI-SCRATCH WHEELS



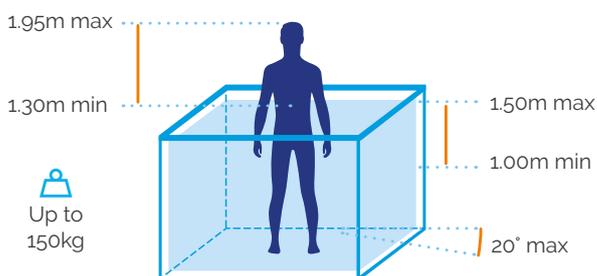
AISI 316L stainless steel

Aquajogg

Jogging & running

For a new aquatic activity, the Aquajogg combines the benefits of water's buoyancy with those of walking or running, a pure pleasure. At your own pace, work on muscle strengthening, stamina and rehabilitation in total safety thanks to excellent stability.

The Aquajogg is designed for daily intensive use in group or individual classes. It can be used barefoot. The innovative folding system is a space-saver and the silicone wheels facilitate immersion in the water without marking the floor.



⊕ Advantages



ADJUSTABLE RESISTANCE



13° INCLINE



"EASY PUSH" OPENING SYSTEM



ANTI-CORROSION TREATMENT



STORAGE SYSTEM

Simple and effortless "Easy Push" opening system



Reference	WX-AQUAJOGG
Material	AISI 316L stainless steel
Finishes	Brushed steel with anti-corrosion treatment
Mat	Running surface W:38 x L:118cm
Min. dimensions	L 62 x W 56 x H 128 cm
Max. dimensions	L 135 x W 67 x H 128 cm
Weight	32 kg
Water depth	1 m to 1.50 m
Warranty	3 years metal parts 6 months wearing parts



Anodized aluminium

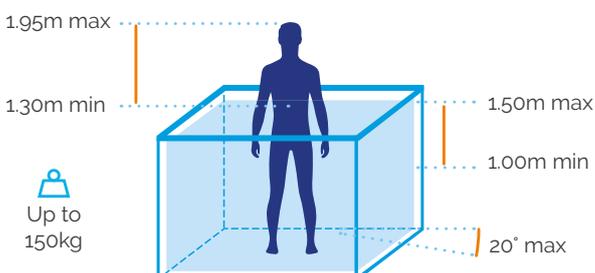
Aquajogg Air

The lightest treadmill with side bars

The Aquajogg Air treadmill is the first equipment of its kind using an anodized aluminium structure and removable side bars.

Gently and smoothly work out balance, reathletisation and endurance. Ideal for physiotherapists and spa centres who wish to offer a secured cardio and reinforcement work-out thanks to the side bars. The Aquajogg Air is designed for daily and intensive use. It can be used barefoot.

Its innovative folding capacity makes it a particularly compact equipment. Easily wheel the Aquajogg Air without marking the floor thanks to its silicone wheels.



⊕ Advantages



REMOVABLE SIDE BARS



ADJUSTABLE RESISTANCE



13° INCLINE

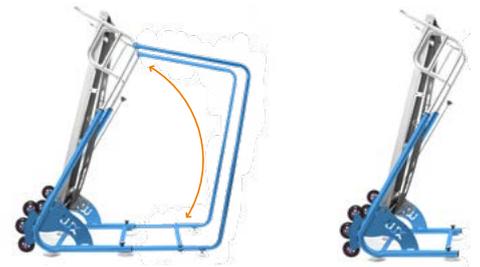


"EASY PUSH" OPENING SYSTEM



STORAGE SYSTEM

Simple and effortless "Easy Push" opening system



Reference	WX-AQUAJOGG2
Material	Aluminium Tech
Finishes	Anodization
Mat	Running surface W:38 x L:118cm
Min. dimensions	L 62 x W 56 x H 128 cm
Max. dimensions	L 135 x W 67 x H 128 cm
Weight	25.8 kg
Water depth	1 m to 1.50 m
Warranty	2 years metal parts 6 months wearing parts



Double layer Dropstitch

Aquafitmat

Floating mat for pools

This floating mat is designed to allow all swimming pools to offer a new aquatic activity, without the constraints of depth of water or shape of pool.

The Aquafitmat is inflated like a paddle. Designed to be easily fixed between two water lanes thanks to the attachment kit, it is quick to install. This educational mat has been specially designed to use the balance-imbalance technique. Patterns printed on the EVA covering allow users to clearly identify the workout zones indicated during the session. This mat enables the coach to structure the session to facilitate learning.



Ultra-rigid Drop-stitch technology

This mat has the benefit of Drop Stitch + Double Layer technology, comprising a mesh of thousands of polyester fibres reinforced by a PVC layer. Extreme rigidity and unrivalled sturdiness, ideal for overweight people



- Space at the back for your feet
- Starting centre marker
- Exercise areas
- Area at the front for the hands
- Carrying handle
- Bottle holder

⊕ Advantages



**DOUBLE LAYER
DROP-STITCH TECHNOLOGY**



INFLATES IN UNDER 3 MIN



STARTING KIT



**ANTI-SLIP
EVA SURFACE**



ACCESSORIES INCLUDED



Attachment kit

OPTIONAL



High pressure pump
(non contractual photo)

Reference	WX-AQUAFITMAT
Finishes	Double layer Drop Stitch technology
Material	Nylon reinforced PVC
Dimensions	L 220 x W 81 x thickness 12 cm
Max. charge	120 kg
Weight	10 kg
Volume	210 L
Warranty	1 year



Aquafitmat cart

Storage cart for 5 mats



Antibacterial
Material



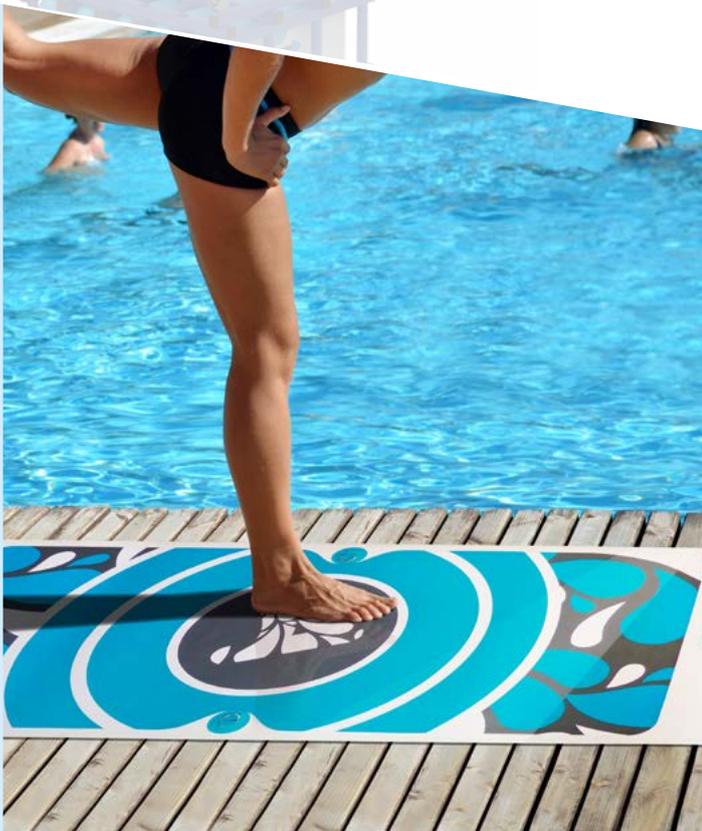
4 wheels for easy
mobility



Chlorine
Resistant

5 aquafitmat can be left to dry on this cart for a better durability of the product. It is also a space saver and avoids cluttering around the swimming pool. Easy to clean. This cart does not rust!

Reference	WX-CARTMAT5
Material	High durability ultra-resistant plastic
Dimensions	L 104 x W 105 x H 160 cm
Max. charge	120 kg
Weight	25 kg
Warranty	18 months



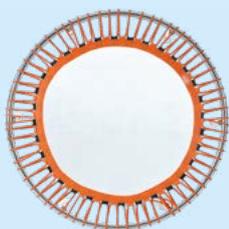
Aquamat

Coach mat

The pattern on the Aquafitmat simplifies communication between the coach and the participants thanks to simple visual codes. Its anti-slip EVA texture secures any activity.

Reference	WX-AQUAFM-COACH
Material	Nylon reinforced PVC + EVA
Dimensions	L 220cm x W 81 cm

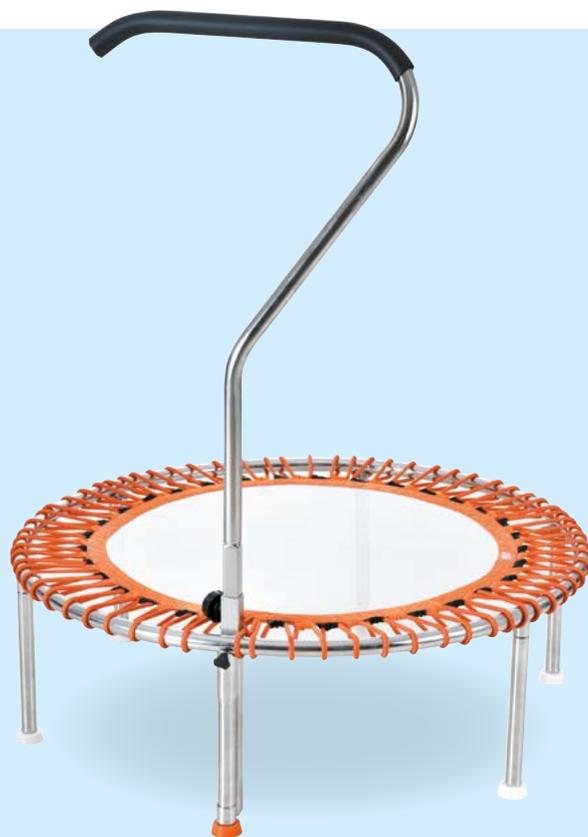
TWO VERSIONS AVAILABLE



Round



Hexagonal



AISI 304L stainless steel

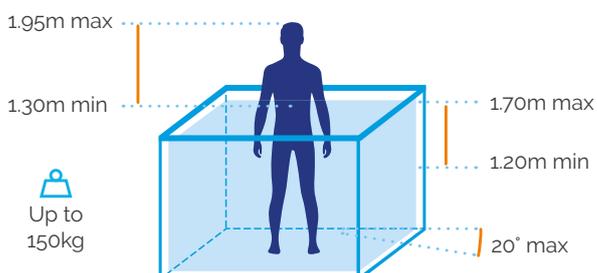
WX Tramp

Aquatic jumping

The aquatic trampoline can be used for rehabilitation, aquatraining or as a family activity. It allows you to obtain greater movement coordination, balance and improved physical condition.

The WX tramp honeycomb jumping mat was selected to ensure the best possible bounce, thanks to a smoother movement of water. Its elastics were selected to provide a more flexible rebound thanks to their extension capacities. Its technical fibres offer durability, permeability and possibility to use barefoot. The WX Tramp is available in two versions: round and hexagonal.

The 6 white silicone non-slip suction feet ensure great stability and do not mark the floor of your pool. Suitable for all surfaces (liner, tiles, etc.)



⊕ Advantages



HONEYCOMB JUMPING MAT



REINFORCED SEAMS



GREAT STABILITY



INDIVIDUAL ELASTICS



OPTIONAL ACCESSORY

Compatible with both versions, round & hexagonal



Optional balancing handle, ideal to help beginners and increase difficulty for the more experienced.



Versions	Round	Hexagonal
Reference	WX-TR3-ROND	WX-TR3-HEXA
Material	AISI 304 stainless steel structure	
Dimensions	Diam. 101cm x H 34cm	112cm x H 34cm
Mac. charge	100 kg	
Weight	6.3 kg	
Water depth	1.20 m to 1.70 m	
Warranty	2 years except wearing parts	



OSCILLATING ARMS
With blades for added resistance



AISI 316L stainless steel

Elly

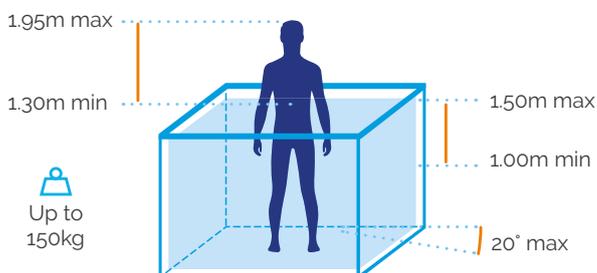
Nordic walking

The Elly swimming pool cross-trainer is a complete user-friendly exercise apparatus that combines the benefits of rowing, cross-country skiing, stepping and cycling.

The Elly allows you to synchronously use all the muscles of the body. In fact, around 80% of your muscles are used during an exercise! The secret lies in its elliptical action designed to reproduce the natural movement of running as closely as possible while protecting the joints from impacts.

The Elly gives its users fluidity of movement and the pedals' angle of inclination puts optimum load on the legs. Exertion is reinforced by lever arms linked to wide perforated paddles. The Elly thus creates resistance without obstruction or jolting.

Made of 100% stainless steel, the Elly is compatible with all types of water (seawater, chlorinated or brominated). Its silicone wheels make it very easy to move.



⊕ Advantages



PEDALS WITH LARGE STRAPS



ANTI-CORROSION TREATMENT



OSCILLATING LEVER ARMS



WHITE STABILISING PADS



OSCILLATING ARMS & PEDALS WITH LARGE STRAPS



Reference	WX-ELLY
Material	AISI 316L stainless steel
Resistance	Oscillating lever arms with perforated blades
Adjustments	No
Dimensions	L 112 cm x W 56 cm x H 175 cm
Weight	26 kg
Water depth	1 m to 1.50 m
Warranty	3 years metal parts 6 months wearing parts



3.4m²
au sol

Fit's Pool

Water biking without a swimming pool

The Fit's Pool is an innovative self-supporting pool that can be easily dismantled, since it combines the simplicity of a spa installation with an element of water fitness equipment. The Fit's Pool is a complete personal fitness centre. It allows those who do not have a swimming pool to discover the pleasure of pedalling in water.

It is the first aboveground pool, providing a water depth of 1.20m (minimum recommended depth for water biking). As a genuine personal spa bath centre, it includes a complete filtration and water heating system. This pool has a modular structure based on side panels made of high-density insulating foam that give it exceptional rigidity and strength.

⊕ *Advantages*



EASY INSTALLATION



FILTRATION AND HEATING PUMP INCLUDED



RELAXING WHIRLPOOL



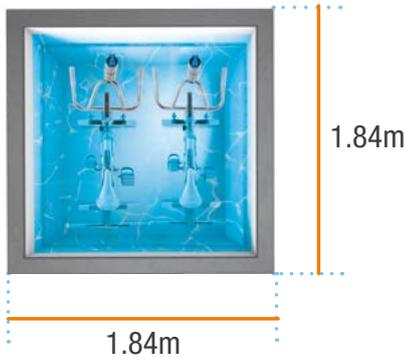
INFLATABLE INSULATED COVER INCLUDED



CUSTOMIZE YOUR OWN AQUAFITNESS PACK

Complete your aquafitness pack with:
2 aquabikes or **1 aquabike + 1 aquajogg**
 Ask for your personalized offer!

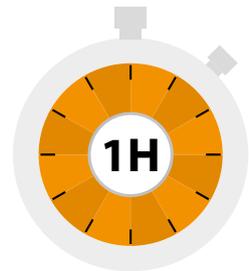
COMPACT SIZE



HEATING, FILTRATION WHIRLPOOL & LED LIGHTING



EASY INSTALLATION



Le plus petit bassin d'aquabiking

With its proprietary design, the Fit's Pool allows you to enjoy aquabike training sessions without a swimming pool, ideal to create an aquatraining or balneotherapy center. A smart motor unit ensures heating and filtration with a possibility to add hydrotherapy to your training with air bubbles diffused into the pool.



OPTIONAL MAINTENANCE PACK



Active oxygen



Filter cartridge



Pool vacuum

Reference	WX-FITSPOOL2
Material	Reinforced PVC liner + steel and polystyrene structure
Dimensions	L 184 x W 184 x H 127 cm
Capacity	2 persons
Water volume	3000 L
Water depth	112 cm
Weight empty	132 kg
Power supply	220-240 V-50 Hz / 2070 W
Heating	2000 W
Filtration pump	40 W
Air pump	220-240 V-50 Hz / 2070 W
Warranty	2 years except wearing parts



Aquabike lift

Effortlessly, get your aquabikes out of the water

Compatible with all aquafitness equipment (treadmill, cross-trainer, water bike, trampoline, etc.), the Aquabike Lift combines mobility, stability, safety and ease-of-use to enable you to remove your equipment from the water effortlessly.

Its square handle makes lifting and handling easier, and its safety system allows a coach to move equipment on their own. It is adapted to the most complex pool designs. The Aquabike Lift can be positioned wherever you want, without taking up space at the edge of the pool.

The Aquabike Lift lifting gear is fitted with a cable-adjusted counterweight system that adjusts in the blink of an eye to the equipment being put into or taken out of the water. With its two silicone feet and 4 wheels (2 swivelling), handling is now effortless and completely safe.

⊕ Advantages

 **COUNTERWEIGHT**

 NO MODIFICATION TO YOUR POOL

 **4 WHEELS INCL. 2 SWIVELLING**

 ADJUSTABLES STRAPS



ALL EQUIPMENT  Up to 70 kg

MOBILE



Reference	WX-AQUALIFT
Material	Steel + epoxy paint and anti-corrosion treatment
Handling	2 persons recommended
Weight	110 kg
Base dimensions	53 x 72cm
Max. height	2.27 m
Max. width	2.30 m
Max. load	70 kg
Warranty	2 years except wearing parts
Quality certificate	CE + TÜV Complies to European standards EN13197/IN - 1/10/2009



Complete your aquafitness sessions with *Aquagym*

Sculpting our body with aquagym

This activity is ideal for water sports enthusiasts and all those who want to let off steam while building muscle. This sport has many benefits as it lets you get into shape to music in a fun atmosphere.

Muscles involved: the abdominal wall, glutes, thighs, shoulders and arms.

What are the effects ? Aquagym improves cardio-vascular capacity and endurance, tones the chest and stretches the muscles. It has a drainage effect, thanks to the water massaging the whole body.



500gr aquagym weighted wristbands

Sold by the pair

Doing aquagym is good, but increasing the effort you make in the water to build your muscles is even better! These weighted wristbands can be worn on the wrists or ankles. They have a removable silicone weight in a bag that can be washed between sessions. The fabric is very strong and the adjustable Velcro strap ensures a perfect fit.

Reference | WX-OLY0700



Foam dumbbells

Sold by the pair

Sturdy and light, these foam dumbbells are the must-have accessory for aquagym classes and the perfect addition to aqua-jogging classes. Used for re-education and muscle-strengthening, work out the upper body gently but effectively,

Reference | WX-OLY0332

Premium foam noodles

This Premium model is specially created for professionals, for regular, daily use. Particularly suited to aquagym, hydrotherapy and relaxation, you are sure to appreciate its high-density foam material, very soft to the touch and non-irritating. Its major advantage: high chlorine resistance, will not crumble in the water!

Reference | WX-OLY031P



Coach training

PROPOSED MODULES

Aquabike



Circuit training



Watfit



Aquaboxing



OUR OBJECTIVES:

- Help you set up a new water activity in total safety
- Enable you to build specific skills
- Become operational in organising all water activities

DURATION:

1 day per module

THEME:

Gain knowledge about positions, physiology and techniques related to the activity for a secure training session suited to the participants.

CONTENT:

Alternating between theory and practical exercises:

- Music
- Structuring classes
- Conducting classes
- Specific physiologies
- Positions and exercises
- Instructions

Financing possibility of your training through your accredited organism (OPCA in France) as our instructors are DATADOC certified.

